

Building Skills Through Recreation and Leisure

Activity Name:

Level/Grade:

Performance area: **Activity Skill Instruction**
 Coping/Navigating Emotions
 Exploring Interests/ Functional Leisure Routines
 Games Reinforce Academic Skills
 Joint Attention
 Leisure Education
 Perspective Taking/Social Cognition
 Reciprocal Interactions

For students who have difficulties with:

This activity will support student by:

Materials:

Starter Activity:

Activity Description:

***Other ways to modified or adjust challenge level:**

Types of Social Cues

SOCIAL CUES ARE MESSAGES THAT OTHER PEOPLE SEND US ABOUT HOW THEY ARE FEELING. THEY DO THIS BY USING THEIR FACE, BODY, VOICE, OR SPACE TO GET US TO UNDERSTAND.

FACIAL EXPRESSION

Different parts of our face move whenever we are feeling a certain way. For example, we smile when we are happy or raise our eyebrows when we are surprised.



VOICE TONE AND VOLUME

Our voice tone is *how* we say the words when we communicate to others. There are many different ways that you can say the same sentence. The volume of our voice can also send a message.

BODY LANGUAGE

Different parts of our body also send messages. For example, if someone's fists are clenched, we might guess that they are angry. If they slump their shoulders, we might think that they are sad.

PERSONAL SPACE

Personal space means how close or far away we sit or stand by others. If a person chooses to stand close to us as we're talking, we can guess that they're interested in the conversation. If they sit far away, we can guess that they're not.



Social Cues

LOOK AT THE CHARACTERS BELOW AND FINISH THE SENTENCES. BE SURE TO LOOK AT THEIR BODY LANGUAGE AND THEIR FACIAL EXPRESSIONS.



This person is feeling: _____

I can tell because _____

Something that I can say or ask this person:



This person is feeling: _____

I can tell because _____

Something that I can say or ask this person:



This person is feeling: _____

I can tell because _____

Something that I can say or ask this person:

